

LOOMIS PUBLIC SCHOOLS

H A N D B O O K
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ONE ACT

H A N D B O O K

EXPECTATIONS, RULES, AND GUIDELINES

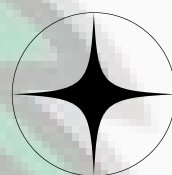




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WELCOME

Welcome to the Loomis One Act program! We are excited to have you as part of our cast and crew. One Act is more than just a competition—it is an opportunity to learn teamwork, responsibility, creativity, and confidence.

This handbook will outline the rules, expectations, and procedures that will guide us through a successful season. Please read carefully and discuss with your parent/guardian before signing the acknowledgment page at the end.

YOUR COACHES!!

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WHAT IS ONE ACT?

One Act is a competitive theatre event in which schools perform a 30-minute play. Performances are judged at festivals, conference, districts, and state. Our program is part of the Nebraska School Activities Association (NSAA) and follows their rules.

OUR GOALS EACH SEASON ARE TO:

- Develop teamwork and leadership skills
- Grow as performers and technicians
- Represent our school with pride and sportsmanship
- Strive for excellence both on and off the stage

ELIGIBILITY & COMMITMENT

- Students must meet *all* NSAA eligibility rules and school academic/behavior requirements.
 - Our school checks ineligibility on Monday mornings, if you are on that list, you will not be participating.
- Attendance in school is required to participate in rehearsals or competitions.
- Being in One Act is a team commitment. Every role—on stage or backstage—is essential.



EXPECTATIONS



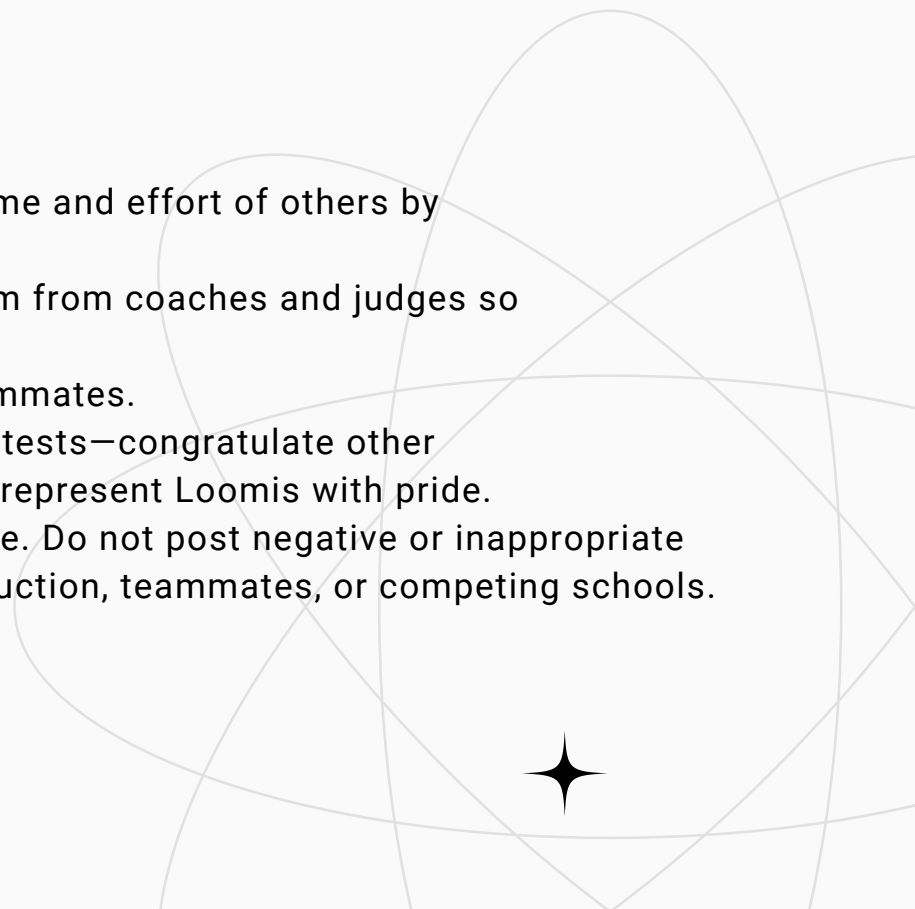
CAST MEMBERS

- Memorize lines and blocking by the deadlines set by the coach.
- Come to rehearsals prepared and focused and to begin on time.
- Maintain a positive attitude and respect for fellow cast, crew, and directors.
- Limit distractions—cell phones should not be used during rehearsals.

CREW MEMBERS

- Be present and attentive at all rehearsals involving technical elements.
- Handle props, costumes, and set pieces with care.
- Follow backstage procedures and remain quiet during performances.
- Proper dress for crew: Black shirt/sweater, nice jeans

EVERYONE

- BE ON TIME. Respect the time and effort of others by arriving on time.
 - Be willing to accept criticism from coaches and judges so you can grow from it.
 - Encourage and support teammates.
 - Show sportsmanship at contests—congratulate other schools, thank judges, and represent Loomis with pride.
 - Social media: Be responsible. Do not post negative or inappropriate content related to the production, teammates, or competing schools.
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REHEARSALS & PERFORMANCES

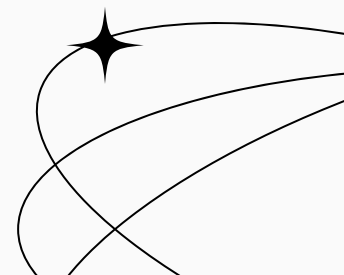
- Rehearsal schedules will be provided in advance. You are expected to attend all scheduled practices.
- If you must miss a rehearsal, notify the coach directly beforehand (not after).
- Dress rehearsals are mandatory. Missing one may affect your role or participation.
- When traveling, remember you are representing our school—be respectful on buses, in host schools, and in public spaces.
- One Act rehearsals need to be a priority (especially evening) because we want to make sure everything works together and it's not easy when someone in the cast is not here.

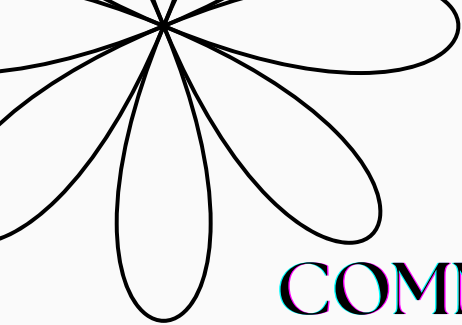
DISCIPLINE & CONSEQUENCES

- Unexcused absence/tardiness will result in a smaller role, reassignment, or removal.
- Missed deadlines (lines, blocking, crew tasks) may result in loss of performance privileges.
- Disrespect or poor sportsmanship will result in disciplinary action, up to dismissal from the team.

Our goal is not punishment, but accountability. Every team member is important, but we must also protect the group's success.

COMMUNICATION

- Students must communicate, in advance, absences/conflicts directly with the coaches.
 - Information will be shared through SportsYou → GAMT-UCUL
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COMMUNICATION PROTOCOL

Loomis Public Schools believes that effective communication is essential to the success of our activities. To ensure that discussions and communications are clear, concise, and done appropriately, we have guidelines that our student-athletes, parents, and coaches need to follow.

STEP 1:

Student-Athlete and Coach Meeting

This is our first stage of our meetings. We ask that our High School students show enough responsibility and maturity to have the initial meeting with the head coach/sponsor regarding whatever particular issue may be taking place.

STEP 2:

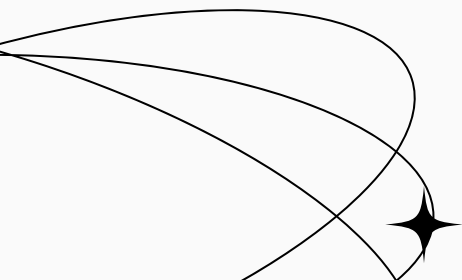
Student-Athlete, Coach, and Parent Meeting

If step 1 wasn't able to resolve the issue, we will transition to step 2 of our protocol. This would be a scheduled meeting with the student-athlete, head coach, and a legal parent/guardian to discuss the issue occurring.

STEP 3:

Student-Athlete, Coach, Parent, and School Administrator Meeting

If step 2 wasn't able to resolve the issue, we will transition to step 3 of our protocol. This would be a scheduled meeting with the student-athlete, head coach, legal parent/guardian, and a school administrator. This will be our final meeting regarding the current issue being discussed and a resolution of some sort will take place.





SAFETY & CONDUCT

- Always lift set pieces properly and with a partner when needed.
- No horseplay on stage, backstage, or with props/costumes.
- Follow all school and NSAA rules during travel and performances.


AWARDS & RECOGNITION

- Students may be recognized with outstanding actor or tech awards at competitions.
- Team awards include festivals, conference, district, and state placements.
- At the end of the season, we will celebrate everyone's contributions to the show.

REQUIREMENTS TO LETTER IN ONE ACT

- Must finish out the season as an eligible student-athlete and member of the team.
- Practice: No Unexcused absences.
- Performance: Attends ALL performances.

THINGS YOU SHOULD NOT DO

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- Tell a friend (and not your coach) you won't be at practice.
 - Text five minutes before or after practice with an excuse as to why you are not there.
 - Work IS NOT an excuse. You have the schedule and your boss should understand. If not, then maybe One Act isn't something that will work for you.

Consequences:

Three strikes (unexcused absences). You're off the team.

Only exception:

You are sick. Death in the family.





Acknowledgement Page

***I have read and understand the Loomis One
Act Handbook. I agree to follow the
expectations and rules outlined.***

Student Name (Printed): _____

Student Signature: _____

Date: _____

Parent/Guardian Name (Printed): _____

Parent/Guardian Signature: _____

Date: _____



Please have this page signed and
handed back by September 5th.

